

**Eat, Drink, Win!®**  
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***Endurance Sports Nutrition -2<sup>nd</sup> edition (2007)***

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**Selected Past Speaking Engagements**

- The 16th Annual Renfrew Center Foundation Conference For Professionals, Feminist Perspectives and Beyond: Maximizing Change in the Treatment of Eating Disorders—The therapist-nutritionist relationship in addressing compulsive exercise
- NCAA Speakers Bureau: Sports and Body Weight: Lose, gain or just maintain  
Eat, Drink, Win!®: Nutrition 101 for student-athletes
- The National Academy of Eating Disorders SIG Meeting on The Female Athlete Triad—Tell Us What They Need to Eat: Nutrition prescription for the female athlete with disordered eating
- C.H.E.F National Prevention Symposium—A Fragile Balance: The obesity epidemic and eating disorders
- Hong Kong Coaching Committee Forum—Enhancing Sports Performance: The role of sports nutrition
- High schools: Eat, Drink, Win!®: Nutrition advice for parents of student-athletes  
Eat, Drink, Win!®: Nutrition 101 for student-athletes
- Sports, Cardiovascular & Wellness Nutritionists Annual Convention—A Day in the Life of a Sports Nutritionist
- Oregon Dietetic Association: The Power of Getting Fit—The role of physical activity in reaching and maintaining a healthy body weight
- Professional Businesswomen of CA—A Working Women’s Guide to Life Balance
- Oregon Health & Sciences University’s Women’s Health Day—Don’t Get a Diet, Get a Lifestyle!
- Providence Health/System’s Coffee and Conversation Series—Nutrition for the Active Woman

